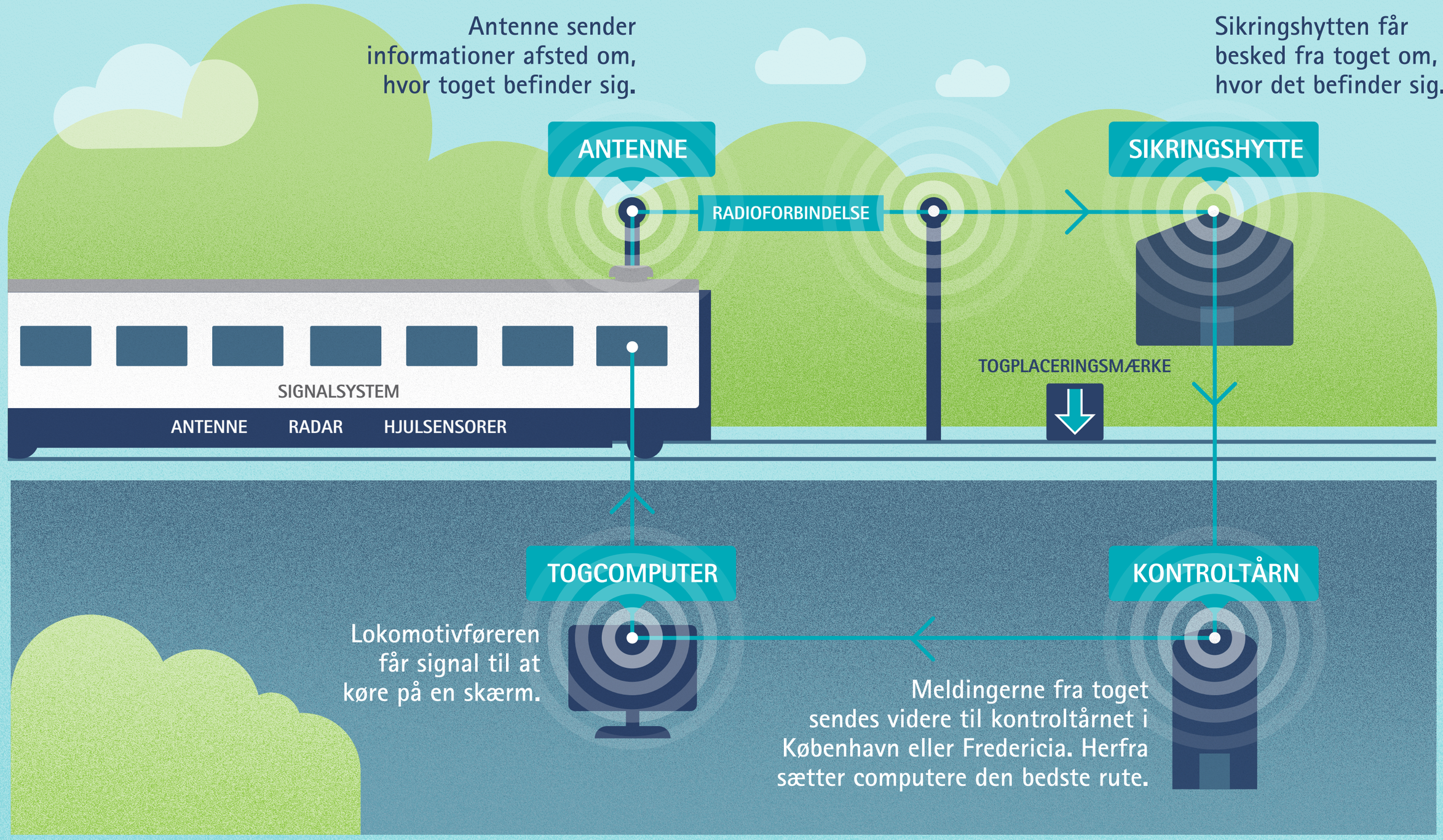Sådan virker signalsystemet på fjernbanen